

EMPOWERMENT

THROUGH  EDUCATION



Join us at the **UT Wear Red for Women Day luncheon** to learn more about caring for your heart and about the **American Heart Association's Go Red for Women campaign.**



TUESDAY, JANUARY 27, Noon to 1 P.M.
in the Health Education Building Room 103
Health Science Campus
or
WEDNESDAY, JANUARY 28, Noon to 1 P.M.
in the Student Union Room 2592
Main Campus

Studies show that women are twice as likely as men to die if hospitalized for a type of heart attack known as ST-elevation myocardial infarction (STEMI).

The National Institutes of Health reports that women often experience different physical symptoms from men for as long as a month before experiencing heart attacks. Women are also less likely to receive appropriate and timely treatment for heart attack.

-  **Meet the UT Medical Center's new cardiologist, Dr. Jodi Tinkel**, along with other guest speakers. All women donning red at the luncheon will be entered in a drawing for prizes, and tickets to the American Heart Association's Go Red for Women luncheon will be available for purchase.
-  The events are **free** and available for all UT faculty, staff and students, **but seating is limited!**

*Please RSVP by Thursday, Jan. 22, to Cindy Reinsel at 419-383-4403
or email at cynthia.reinsel@utoledo.edu.
Be sure to indicate which event you will be attending.*

